ABSTRACT OF THE DISCLOSURE

The method and assembly are provided for converting a standard showerhead into a combination showerhead and spa spray bar that can be easily installed without modification of existing house plumbing. The spray bar comprises a cylindrical tube with a series of small bores adapted to project individual streams of water perpendicular to the surface of the tube with sufficient pressure to produce a soothing or stimulating effect when they contact the bather's skin. After removal of the existing showerhead, a 3-way connector is connected to the existing water source for directing water to both the showerhead and the spray bar. Flow control valves permit selection one or both of the showerhead and spray bar. The spray bar is attached to a vertical surface located near the bathing position so that multiple water streams are projected towards the user's bathing position.